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*The Newsletter of
The St. Louis Rowing Club
Spring Season 2006*

The St. Louis Rowing Club News



Head Coach's Report

Given the number of new squad coaches, the number of rowers, and the limited resources that the Club has available, it is essential that the boats and oars be made available to the squads that are best able to utilize them. By categorizing the boats and oars in the following manner, the squads with the most experience will use the equipment best suited to them. Thus squads with the most experience will use the better equipment, and these squads will do the best to protect the equipment from damage (their equipment care "consciousness" will be higher than novice crews, for example). By making it clear to all of the coaches, there should be no confusion about which group will use which equipment.

I have created the following equipment access chart that explains which squad can potentially use which boats and oars.

Fall 2006

At their coach's discretion, the following boats and oars can potentially be used by the squads listed.

BOATS:

Pocock: Varsity Juniors, Masters
Iqbal: Varsity Juniors, Masters
Allison: Varsity Juniors, Masters

Note: In order to be eligible to practice/race in these boats, the likely line-ups for the squad's next race must attend at least 75% of their respective practices.

Heilman: Varsity Juniors, Masters, SLU Varsity

Power: Juniors, Masters, SLU, Intermediates

Lammert: Juniors, Masters, SLU, Intermediates

Schmaltz: Juniors, Masters, SLU, Intermediates

Smallidge: Juniors, Masters, SLU, Intermediates, LTR

Staley: Juniors, Masters, SLU, Intermediates, LTR

Limits: Juniors, Masters, SLU Varsity, Intermediates

Jessup: Juniors, Masters, SLU Varsity, Intermediates

Poona: Juniors, Masters, SLU, Intermediates

Dan: Juniors, Masters, SLU, Intermediates, LTR

Red 2x: Varsity Juniors, Masters

Blue 2x: Varsity Juniors, Masters

Hudson: Varsity Juniors, Masters, SLU Varsity

Quad: Varsity Juniors, Masters, SLU Varsity

All other SLRC boats are available to any SLRC member and LTR at coach's discretion.

OARS:

Non-taped, Single Whites, and

Double Whites: Varsity Juniors, Masters

Blue tape, Green and White tape: Juniors, Masters, SLU Varsity

*Timothy Franck
Head Coach*

President's Report

Club Members,

The Club Board and generous members work very hard to provide equipment for the Club.

Please let me review for the membership and make perfectly clear the expectations for boat use.

1. All boats must be signed out/in in the log book (located just inside the boat storage area). Any problems encountered with a boat during a practice must also be noted in the log.
2. The following doubles are all available for rowing at any time (but again, must be signed out) . . . the Hudson, Patterson/Rouse, Dilg, and Emerson. On the double storage rack is a list of the boats and their size (lightweight, mid-weight, etc.)
3. The Ron Suermann and Kathy G. are to be used only with the permission of Steve Giddings or Cameron Carter (who is running the morning sculling program. Let me repeat, these boats are to be used only with Steve or Cameron's permission. And, the rowers need to sign the boats out/in in the log book.

The boats available for general use are fine boats. For work outs and even racing, they provide excellent hulls.

The Hudson and Patterson/Rouse can be rigged as doubles or pairs, providing even more flexibility.

The Ron Suermann and Kathy G. are for racing, for rowers who have reached a particular skill level, and are not for everyday, knock-around use.

I know that I can count on the club membership for respect for equipment and the cooperation with implementing this policy. If any rower has a question about this policy and how it may impact him/her, please pick up the phone and contact me (314 504 4322)

Chuck Schagrin
President



Booster Notes

I want to thank all who helped with the Sprints. It was the best turnout of volunteers I have ever seen. Thanks to everyone's efforts the weather and delays did not get us down. By the end of the day all participants, coaches and officials remarked how well things went.

It was great to see all club members including masters, intermediates, board members, and parents kick in. Every group was well represented. Everyone worked hard.

I want to mention a few who I feel really contributed to the success of the event. I am sure I am leaving some out. Please forgive me. At the end of the day I did not even know how the races went. Here goes:

The course people – Steve Giddings, Rob, Jay, and especially Cameron who stayed around Saturday AM for course adjustments.

Tom Sinks – lined up the volunteers and ensured the best turnout we have ever had.

Cathy Chamberlin – kept the stake boats filled despite massive schedule changes.

Chris Dadian – took over the results tabulation for the first time and did great.

Rein Zeidler and Nancy Hazelwood covered the dock and the bridge. They kept the crews moving despite

the new finish line arrangement and frequent hot seating.

Scott Allison – as always, there for everything.

Chuck Schagrin – no job too small for our president.

I know some parents hoping to help showed up and we did not have a need at the time – We will make it up to you. Remember, the Gateway Regatta is June 24th. See you all then.

Kevin Curran
Booster President

(Note: Mark Jordan is now fulfilling the role as Booster President)

Marathon Relay

Mark your Calendars!

St. Louis Marathon Relay

Sunday, December 3 – 8:00 am

It's not too early to start thinking about the St. Louis Marathon Relay. This will be the sixth year that SLRC has fielded teams for this event. Come run with us! Masters, Parents, Juniors, family members and friends – all are welcome! Preparing for the relay is a great way to cross train, and participating is always a lot of fun. Our tradition is to have a pot-luck brunch following the relay – Host for 2006 is yet to be determined!

You don't have to be fast to participate – You just need to be able to complete two 3.1 mile loops within Forest Park (basically flat terrain). The event consists of teams of four runners covering 26.2 miles. There are eight legs to the event, so each runner covers the course twice. Our teams generally finish in about 4 hours – give or take.

More information will follow in the weeks ahead. Hope you'll join us!

Questions? Contact Linda Greensfelder at lgreensfelder@charter.net.

Linda Greensfelder



Thanks

You may have noticed a new CD/video player in the erg room. It was donated to the club by Bob and Liz Roewe. This new equipment will enable us to view the latest racing and instructional videos which are now generally produced as CD's. Our thanks to the Roewes for their generosity.

Treasurer's Report

As was projected when we developed the budget for 2006, the club has been running on a (barely) break-even basis all year. The addition of new adult members (as a result of the highly successful Learn to Row program) and new Juniors (as a result of Tim's recruiting efforts), bode well for a brighter financial picture in the future. We need to strengthen our financial base so that we can make some much-needed improvements in the club's equipment.

A few individuals still owe part of their '06 dues. Prompt payment would be appreciated.

Scott Allison

Summer Learn To Row

The Summer Learn to Row programs were a great success thanks to the hard work of Jay Lyons, Steve Giddings, Ron Hill and the many others who pitched in to help them out. A record number of enthusiastic new members are now rowing regularly as part of the Intermediate program.

Scott Allison

Publicity Report

St. Louis Post Dispatch

Amy Bertrand from the St. Louis Post Dispatch visited the boathouse on April 18th. She observed the hustle and bustle of our daily routine at 5:30pm and interviewed some rowers, followed by a one-hour observation of the Masters' Practice from Tim's launch.

This was followed by a visit from camerawoman, Karen on April 27th. Luckily, it was 70 degrees, the lake was like glass, and the sunset was awesome so she could get great shots for two hours.

WeCanRow

On April 10th, WeCanRow was featured in the St. Louis Post Dispatch Calendar complete with an archive picture of rowers in an eight.

WeCanRow was also in the April 17th issue but without a picture. Two breast cancer survivors called Linda and signed up after reading about us in the paper.

Parkway Family Fitness Day

April 30th was Parkway Family Fitness Day at Creve Coeur Park. Cathy Chamberlin delivered SLRC fliers to be given out. Thank you, Cathy, for noticing this event.

SwimBikeRun

Matt Cazalas, editor of the SwimBikeRun St. Louis publication, arrived at the boathouse in late May to write a first-hand account of rowing in an 8. We were featured in a large article, complete with pictures, in the June edition. It was an excellent story of his confidence at the start, and his fears by the end. (He didn't realize it was such a technical sport.)

He now brings several copies of SBR to the boathouse each month and has a new respect for our sport. Feel free to pick one up. You will notice SLRC has a blurb in the Club section.

Show Me St. Louis

Monday, August 28th, nine very energetic early-birds (and Tim, of course) met with Heide from Channel 5 "Show Me St. Louis". She featured a wonderful piece on us on Tuesday, August 29th at 3:00. To see this clip, sign on to http://www.ksdk.com/life/programming/local/showme/showme_article.aspx?storyid=102674

Once you've reached the page, click on the "Watch Heide's Story Here" bar and you'll see lots of familiar scenes (and faces). It may be expired.

Again, thank you very much for donating your time for this club

coverage, and thank you, Scott Allison, for forwarding this last-minute opportunity.

Darlene Hopkins
Communications/Publicity



St. Louis Sprints Regatta

The annual Junior Regatta was held at the lake on April 8th. The early morning weather threatened the races, but with just a little delay, the show went on very smoothly as planned with the stellar help of volunteers. The complete results of the regatta are available on www.row2k.com. Here are SLRC's highlights:

Distance: 1,250 m (approx.)

Attended by Mendota Rowing Club, Kansas State Rowing Association, Madison Country Day School, Tulsa Rowing Club, Kansas City Rowing Club, Camp Randall, and, of course, St. Louis Rowing Club.

Gold Medals

Women's Novice 8

Women's Varsity 4+

Men's Novice 8

Men's Novice 4+

Silver Medal

Women's Varsity 8

Bronze Medals

Men's Varsity 4+

Men's Novice 8

Excellent job, Juniors!

Darlene Hopkins



Other Junior Regattas

Juniors also went to Oklahoma City on April 13th where 6 boats qualified for Nationals

May 20-21 they attended the Midwest Championships in Cincinnati, OH winning 1 gold medal and 7 Silver Medals. They also did well at the Cincinnati Invitational.

Then it was back to Cincinnati for the National Championships. They did an amazing amount of practicing for this event and the entire Club was very honored that they worked so hard and were able to attend this event.

Way to go, Juniors!

Chicago Sprints

Masters attended the Chicago Sprints this year. Women's 8+ , Women's 4+, and Men's 4+ took home silver medals.

Mostly, it was a great time and very hot. Hopefully we will have a larger turn-out next year.

Darlene Hopkins



Boathouse Fundraising

The Last \$30,000

We've come a long way since setting the \$285,000 fundraising goal in early 2004! Thanks to the hard work and generosity of SLRC members and friends, we're oh-so-close to being able to mark the Community Rowing Center "Paid in Full." But before we can put our debt to Washington University in the Paid Bills file, there are two things that need to happen:

1 – Everyone who has a balance yet to be paid on their pledge to the Boathouse Fund needs to remit their payment. Pledge statements were mailed out earlier this month.

2 – The Club needs to raise an additional \$30,000 in new money

And we need all of this to happen by 12/31/06.

Under the terms of our loan from Washington University, failure to pay our loan in full will result in a loss of rack space. Given our current balance due, we stand to lose 1/2 of a boat bay.

How will we raise the last \$30,000? Primarily by asking each one of you to support our Fall fundraising drive. While we realize it isn't always possible, we'd like to have collected a minimum of \$1000 from each and every rower or rowing family by the close of this fundraising effort. In a few weeks, you'll be receiving materials in the mail. For those of you who have given in the past, thank you! If you can write yet another check to the Boathouse Fund, you will put us that much closer to our goal. For those of you who have never given, now is the time to give... and give generously!

Donor Recognition

In the next few weeks you'll notice a full-size paper mock-up of our donor recognition display hanging on the water fountain wall of the Boathouse erg room. At the end of this fundraising drive, names of new donors will be added, and placement within giving categories adjusted to reflect final donation levels. The final display will be done in stainless steel with black etching.

Please be sure to take a look the display. Check to see that you are listed in the correct category and that your name is written as you'd like it to appear on the permanent plaque.

FISA T-Shirt Auction

The Masters attending the FISA World Masters Regatta in Princeton, NJ 9/7 through 9/10 traded from the Club's stock of old regatta shirts to obtain some great rowing shirts from other clubs and other countries. You'll notice the collection on hangers on the wall in front of the ergs at the Boathouse. These shirts are being auctioned off in a silent bidding format. Minimum bid is \$10 per shirt. The auction closes Sunday, September 24 at 11:00. **All proceeds go to the Boathouse Fund.** Bid high and bid often!

Questions about Boathouse Fundraising? Contact Linda Greensfelder at lgreensfelder@charter.net or 314-991-6969.

Linda Greensfelder

Schnucks Community Card

Do you buy groceries?
Do you buy groceries at Schnucks?

If you shop at Schnucks, there is a new and incredibly easy way to raise money for SLRC.

Schnucks is now offering a Schnucks Community Card through the eScrip program. SLRC is already signed up with the program and ready to go.

Here's what you do:

- 1 - Pick up a Schnucks Community Card at any Schnucks Courtesy Counter, or at the Boathouse. Beginning Tuesday evening, there will be a stack of them next to the water fountain.
- 2 - Call the activation number on the card. You'll be asked to give your name, address, phone number, and the organization you want your money to go to. (Say "St. Louis Rowing Club" - If you're already doing this for a school group, you can still name SLRC - They'll do up to three organizations.)
- 3 - Each time you buy groceries at Schnucks, swipe your card. You can still use whatever payment method you prefer, and this is totally unrelated to any extras you may be earning with your credit cards.
- 4 - For each family (each registered card), Schnucks will make a rebate back to SLRC based on the following formula:

Monthly purchase \$0 to \$300 - 1%
Monthly purchase \$300 to \$600 - 2%
Monthly purchase \$600 to \$900 - 3%

5 - Feel free to encourage friends and relatives to pick up a card and use it to raise funds for the club. Proceeds will be used to pay off the boathouse debt. As soon as the boathouse is paid for, money will be earmarked for new equipment purchases..

6 - Questions? Visit the eScrip website at www.escrip.com/schnucks.jsp or contact Linda Greensfelder at lgreensfelder@charter.net

7 - Ask the operator to look up the Club by zip code - 63141. (If the operator looks for us by city and doesn't enter "St. Louis" correctly, we don't appear on the list.)

Everyone should participate in this wonderful fundraising opportunity!

Pick up a card in the Boathouse or e-mail me and I will mail you one.
Thanks!

Linda Greensfelder
Boathouse Capital Campaign Chair

Lieutenant's Report

(The SLRC Executive Committee has appointed Charles Uding as interim Lieutenant until the next election. He will be helping Captain Rein Zeidler in general boathouse and equipment maintenance.)

To see great pictures of all the boathouse functions and regattas, sign on to:

<http://uding.smugmug.com/St.%20Louis%20Rowing%20Club/163344>

The last photo in set 2 is a team photo cropped for 8 x 10.

This site is easy to browse, photos are cheap, and they arrive in your mailbox in no time!

Charles Uding
Lieutenant/SLRC Photojournalist



Upcoming Head Races

Don't stop working out now that sprint season is over. Plan to attend the upcoming Head Races. They're great venues. We have two scheduled at this time. Sign up ASAP so we can get enough rooms and your coaches can start the line-ups.

October 8th - The beautiful "Head of the Rock" in Rockford, IL. This is a short drive, but it's still a good idea to leave the day before
November 4th - 5th - The wonderful, huge, exciting "Head of the Hooch" in

Chattanooga, TN. Traveling day is November 3rd.

See you there!



Boathouse Cleaning

FALL BOATHOUSE CLEANING SCHEDULE

The cleaning schedule is posted next to the women's restroom. Please check it and make every attempt to take part in keeping the boathouse clean.

CLEANING TASKS

1. Bathrooms - Scrub inside of toilets with toilet brush and toilet bowl cleaner. Scrub outside of toilets. Replace toilet paper if needed. Scrub sinks and clean mirrors. Scrub shower walls and floors. Sweep and mop bathroom floors. Empty trash cans into blue trash barrels outside of the Boathouse. Put any discarded clothing in Lost and Found.

2. Erg Room - Neaten up room and throw away any trash. Empty trash cans into blue trash barrels outside of the Boathouse. Put any discarded clothing in Lost and Found. Sweep floor. Mop floor and mats. Wash glass in door to parking lot with glass cleaner inside and out. Wash all parts of drinking fountain with cleaner.

EACH SQUAD IS RESPONSIBLE FOR PERFORMING THESE TASKS SOMETIME DURING THE WEEK AS SCHEDULED .

Barb Seely

Boathouse Cleaning Nazi



SLRC Haiku

"On this one!" cries Tim.
We all build to a thirty.
Oh no! Not a crab!

Teresa Sedlacek
SLRC Masters



FISA World Masters Regatta

FISA World Masters 2006, Sept. 7-10
Mercer Lake, Princeton, New Jersey

Veni, vidi, OUCH!!

A Rookie's First Masters Competition

Friday morning came early and with early frustration – the registration materials (such as they were) contained no information regarding coach/athlete parking, and the Parking Nazi wouldn't let Jeff bring the truck into the trailer/boat area. After coughing up \$15 for a weekend parking pass and hauling gear cross-country to the trailer, we'd burned most of the time set aside for a ladies' early practice. *C'est la vies....*

Chuck Cook was first to compete, and he boosted our spirits with his second-place finish in the ME1x, setting the bar pretty high for the rest of the weekend. (Did we ever find him that silver medal?) The next race was the WA8+. At the stake boats we looked to the left, and we looked to the right; young Amazon-sized women filled the boats surrounding us, and that was the last we saw of them. Later that morning, the giant brothers of those women lined up at the launch docks with our men's B4+; isn't Miracle-Gro a banned substance at these events?

At the starting line, yellow-card penalties were issued (luckily not to us); two yellow cards equaled a DQ. Interestingly, having mismatched hats was just as serious an infraction as a false start. (I half-expected Stacy and Clinton to jump out to tape an episode of *What Not to Wear*.) And at the docks, our launch was delayed for having the wrong color tape on the bow ball. No, I'm *not* kidding – major kudos to Jeff for maintaining his composure during *that* discussion.

Saturday felt more relaxed; we had six team events spaced evenly throughout the day. While the others rowed, The Rookie spent her day as Water Girl, Oar Princess and Shoe-Bucket Queen; perhaps I should have read the fine print in that Masters contract before signing on for this trip? Mid-afternoon Jeff came up with a scheme: for the men's last race (A8+, the last scheduled heat of the day), he finagled a test-drive of a new Vespoli. Although that sleek yellow shell didn't

blast them through the field of crews 15+ years younger, they rowed their best time of the weekend!

Sunday we had just two mixed races, C8 and B8. The heats were scheduled for 11:19 and 11:58, which presented a possible problem: Nancy was scheduled to cox, and Teresa was to row, in both races. Jeff turned his charm on the dock master, who kindly allowed us to hot-seat from the landing dock instead of carrying the 8-Ball and oars over to the launch dock. Even so, we barely had enough time to get down the lake for the B8 before they directed us to the stake boats.

Other notable events:

Kathy kicked off the shirt trades on Saturday, doing a brisk business with the friendly, rowdy Brazilian team adjacent to our tent. We're having a silent auction for those shirts, with proceeds going to the boathouse fund. Check out Jeff's Brazilian team jacket, and find out what the ladies really traded to get it for him. (Kathy and I were helping the men launch their A8 at the time, so I don't have first-hand knowledge to report accurately amid the rumors and innuendo.)

The German race announcer was our favorite of the three or four who rotated duty throughout the weekend. His enthusiastic twisting of American slang kept us in stitches: "The winner is clear, but there's a battle of death and life for the other places. Everybody wants to beat someone!" "That pair flipped on the way to the start, but they wanted to row and here they come. They look dry now." "Here come the boats age 75 and above. Those are really ancient mariners." It was like listening to a German Yogi Berra!

Margie noted the one time a judge actually checked their name tags. He was Japanese and politely greeted them: "Linda-san, Barb-san, Darlene-san, Margie-san." It must have been good luck as that boat raced for the gold but came in third.

Despite the minor glitches we encountered, most things ran smoothly and reasonably on time, with heats starting every three minutes throughout each day. The weather was just about perfect all weekend, with only a slight cross-breeze kicking up on Sunday. Mercer Park is a gorgeous venue, with a large lake that

reduces Creve Coeur to a big pond; glad we don't have to do lake tours there! The Guinness beer tent was a popular place (*after* racing was over, of course), and we all spent too much money at the various merchandise tents. The best souvenir? The official event T-shirt, which lists the name of each individual competitor, all 2500+ of us!

A great weekend all in all, despite our lack of medals. Quoting Margie, "As it turned out, though we might not have beaten as many boats as we would have liked, we were able to beat quite a few. It was inspiring to see so many people who came so far and rowed so well. And it was fun to represent SLRC among rowers from around the world." Sign-ups have already begun for FISA Masters 2007 in Croatia!

Submitted by Liz Deighton on behalf of the entire SLRC FISA Masters 2006 team (Nancy Abdallah, Chuck Cook, Chris Dadian, Margie Freivogel, Linda Greensfelder, Jim Guinn, Kathy Halley, Ron Hill, Jeff Hoffman, Darlene Hopkins, Kevin Krause, Jay Lyons, Teresa Sedlacek, Barb Seely, Charles Uding, Anthony Vitale, Helen Woznak)

FISA Boat Names

Superlative Awards for unique boat names spotted at FISA World Masters 2006 (submitted in no particular order):

Cutest: "*Cookie*"

Most Positive/Best Supporting: "*Thumbs Up*"

Most Menacing: "*The Four Horsemen*"

Most Technical: "*Timing is Everything*"

Most Casual: "*The Hangout*"

Most Musical: "*Stairway to Heaven*"

Most Ominous/Most Theatrical: "*The Quadfather*" (this 4x was stroked to a first place finish)

Most 'Catchy': "*Catch As Catch Can*"

Most Insulting: "*Your Mom*" **

Best Historical Reference: "*Vendi Vidi Vici*"

Best Pun/Best International Submission: "*Czechmate*"

Most Inspiring: "*Carpe Diem*"

Most Widely Appreciated by the SLRC contingent: "*The Beer Can*" (a Molson sponsored boat)

**spotted by Helen Woznak at another regatta, but included herein based on principle

--*Kathy Halley*

A Special Thanks

The SLRC Masters would like to extend a special thank you to all who showed up at practice to fill in gaps in boats and cox in preparation for us going to FISA. It was greatly appreciated.

Also, Thank you to Jeff Hoffman who kicked in to help coach the Masters for the FISA event. He also drove our boats, etc. all the way to Princeton, NJ (with co-pilot Chuck Cook). Great work!

SLRC Masters



Clothing Orders

An order form for various items of SLRC gear is now available on club website, www.slrc.net. You may also contact JLRacing on the internet. They are very prompt and easy to deal with.

SLRC Coaches

Tim Franck : Head Coach, Masters, Varsity Girls – Rowed for the Cincinnati Junior Rowing Club and Northeastern University. He coached at CJRC for 5 years and is in his second year as Head Coach for SLRC.

Jeff Hoffman: Varsity Boys, Masters – Rowed for Union College in New York State. Jeff has coached for Washington University and is in his second season of coaching the SLRC Juniors. He also helps coach the Masters.

Elizabeth Heymann: Novice Girls – Rowed for Mendota during high school in Madison, Wisconsin. Rowed for Harvard and graduated in 2006. Elizabeth coached for Cambridge Rindge Latin.

Jacob Gerber: Novice Boys – Rowed for Upper Arlington High School in Columbus, Ohio for 4 years. Jacob is a senior at Washington University.

Steve Giddings: Sculling

Scott Allison: Intermediates & SLU



Upcoming Events

Mark your calendars for the following scheduled items:

October 29th - Daylight Savings time ends

November 4th - 5th - The "Hooch" in Chattanooga, TN

November 11th - 12th - Dock Renovation Day (everybody come help)

November 23rd - Thanksgiving

December 3rd - Marathon Relay

January 2007 - Winter LTR begins

February 3rd - Indoor Rowing Championships (tentatively)
February 24th - Ergathon Fundraiser

March 31st - Annual Boathouse Clean-up

April 2007 - LTR Course
April 7th - Junior Sprints
April 21st & 28th - LTR Workshops

May 2007 - LTR Course
May 5th - LTR Workshop

April 2007 - LTR Course
April 7th - Junior Sprints
April 21st & 28th - LTR Workshops

June 2007 LTR Course
June 23rd - Gateway Regatta



SLRC Executive Committee

President: Chuck Schagrin

Vice-President: Margie Freivogel

Treasurer: Scott Allison

Secretary: Barb Seely

Communications/Publicity Secretary:
Darlene Hopkins

Captain: Rein Zeidler

Lieutenant: Charles Uding

Boosters President: Mark Jordan

SLRC Website

Much of what you want to know about the St. Louis Rowing Club is on the website at www.slrc.net. Visit frequently for news about the club, updates on the rowing calendar, etc. Send information for the web site plus your suggestions for improving it to Scott Allison who maintains the site.

SLRC Phone Numbers

The phone number at the boathouse is (314) 878-7980. This number is not equipped with voice mail. If you need to reach a coach during practice or make a last minute schedule change with a rowing partner, try the boathouse number.

The "official" club phone number remains 314 434 8299

Tim Franck can be reached by email at the address:
TimSLRC@hotmail.com. His cell phone number is (314) 489 2017.