

## SLRC PARENT VOLUNTEER FORM

The success of the Saint Louis Rowing Club depends not only on the dedication of the athletes but also on the participation of their families. The Junior rowing program cannot function without parent participation in all aspects of the club's activities.

**Please indicate in which of the following volunteer activities you and/or your family would be willing to participate:**

- Booster Board  
(see Parent Handbook for details, [http://stlouisrowingclub.com/downloads/handbook\\_sept09.pdf](http://stlouisrowingclub.com/downloads/handbook_sept09.pdf))
  
- Food Prep Team: works with the Regatta Coordinator in preparing food at home before a regatta or to work the food table at a regatta.
  
- Home Regatta Volunteers- usually the 1st weekend in April. Launch drivers, stakeboat/starting line, finish line timers, concessions, set up and clean up, registration, dock master, etc.
  
- Regatta Chaperones -At least two chaperones are needed to travel with the team to assure adequate supervision and safety. The team cannot travel without chaperones. Lodging and transportation are provided for the chaperones.
  
- Awards Banquet Committee- planning the dinner and auction for the end of year banquet in June.
  
- Regatta Host Family-A host family houses a team from another city or some of their athletes when SLRC hosts a regatta here in St. Louis. It involves providing floor or bed space for the night before the regatta and breakfast for them in the morning.
  
- Regatta Equipment Committee- maintenance and cleanup of equipment taken to the regattas - before we depart and the day after the team returns. This would be cooking equipment, coolers, tents, etc. that were used by the team while at the regattas.(not boats, etc) and and keeping track of any restocking or repairs needed for next regatta.
  
- Become a USRowing Referee. See <http://www.usrowing.org/referees/index.aspx>
  
- In Kind Donations- bottled water, food for regattas, boat/equipment repair, T-shirts, printing, construction work, team sponsorship, catering, etc. Please identify: \_\_\_\_\_  
\_\_\_\_\_
  
- Corporate Sponsorship
  
- Fund Raising Committee
  
- Event Photographers/ Videographers
  
- Web Site Assistance
  
- Data Entry
  
- Other \_\_\_\_\_

**Name:** \_\_\_\_\_

**Phone (Home)** \_\_\_\_\_ **(Work)** \_\_\_\_\_ **(Cell)** \_\_\_\_\_

**Please return this form to the SLRC Booster Rep or your athlete's coach.**