

SLRC Junior Program Rower Eligibility Checklist

Before your teen can begin rowing, the following requirements must be met. This checklist is provided to assist you in gathering all of the necessary paperwork.

ADMINISTRATIVE FORMS

- _____ Registration Form
- _____ Liability Waiver (Calendar Year from US Rowing. If signed in midyear, will be required again in January.)
- _____ Code of Conduct
- _____ Medical Care Consent Form
- _____ Copy of Medical Insurance Card (Attach to Medical Care Consent Form)
- _____ Physical Exam (can use copy from school file)
- _____ Uniform Order Form (if applicable)
- _____ Swim Test Affidavit (new members only)
- _____ Waiver for next regatta (if available)
- _____ Volunteer Form

MONETARY COMMITMENTS

- _____ **Booster Dues: \$175 (August and February)** for one rower, and \$100 for each additional rower in a family. These dues cover maintenance and repairs of equipment, special awards, special equipment for the juniors, such as coolers, tarps, tents, expense reimbursement for volunteer coaches, Parent Handbook and much more.
- _____ **Uniform** Order Form (must be ordered in time for the first race)
Novice Uniform: Shirt **\$20**, optional shorts **\$25**; **Varsity** 2 pc. uniform: **\$120**
- _____ Any past due payments from former rowing sessions.
- _____ **Club Dues (\$262.50/Rowing Session) will be billed shortly after rowing begins.** Club dues are due **three** times/year for 4-month sessions: Oct-Jan, Feb-May, June-Sept. These dues cover use of boats and equipment and coaching fees.
- _____ **Ergathon Fund Raiser.** Juniors are expected to collect a minimum of \$100 in pledges for this event. (Families are expected to participate in any fund raising event.)
- _____ **Regatta fees** are due prior to each regatta. They **average \$155/regatta**, depending on length and distance. These fees cover the transportation, lodging, entry fees, chaperone expenses, boat towing, muffins, snacks, water, Gatorade, etc. for the rowers. **Note: These fees are required for every regatta in which your athlete's crew is entered. If you cancel without prior permission, you still must pay the fees.** Rowers are also responsible for their own meals on regatta trips.

**Please give all forms and checks to the SLRC Booster Rep or your athlete's coach.